

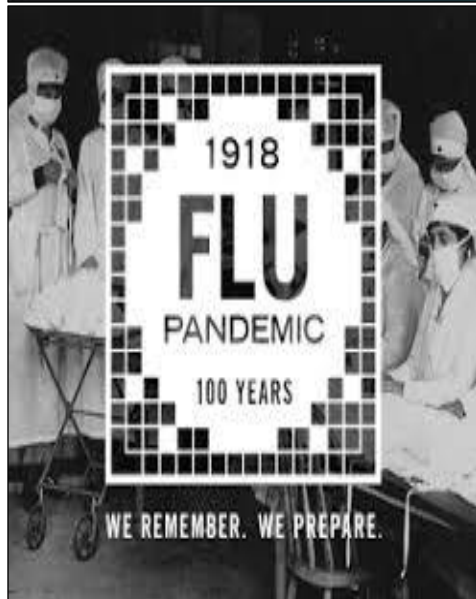
# Healthy Hornet Newsletter

October 2018

Flu Shot

Handwashing

100<sup>th</sup> Anniversary of Flu Pandemic



## The Flu that Changed the World

100 years ago, a strain of influenza virus spread across the world. In 24 weeks, it claimed more lives than WW I.

Between, 40-50 million people died.

The pandemic came to be known as “The Greatest Medical Holocaust in History”, some called it The Black Flu because it caused the victims skin to turn grayish/black from cyanosis.

Some people died within hours of first symptom, at times killing entire families.

We ALWAYS Remember To

### WASH OUR HANDS!



WASH, WASH, WASH OUR HANDS

*Wash them every day*

*Lather up and rinse them good,  
To keep the germs away!*

<http://www.mindscapes101.com>

## 2018 – The 100<sup>th</sup> Anniversary of the World’s Deadliest Flu Outbreak



**INFLUENZA**  
FREQUENTLY COMPLICATED WITH  
**PNEUMONIA**  
IS PREVALENT AT THIS TIME THROUGHOUT AMERICA.  
THIS THEATRE IS CO-OPERATING WITH THE DEPARTMENT OF HEALTH.  
**YOU MUST DO THE SAME**  
IF YOU HAVE A COLD AND ARE COUGHING AND SNEEZING DO NOT ENTER THIS THEATRE  
**GO HOME AND GO TO BED UNTIL YOU ARE WELL**  
Coughing, Sneezing or Spitting Will Not Be Permitted In The Theatre. In case you must cough or sneeze, do so in your own handkerchief, and if the coughing or sneezing persists Leave The Theatre At Once.  
This Theatre has agreed to cooperate with the Department Of Health in disseminating the truth about Influenza, and thus serve a great educational purpose.  
**HELP US TO KEEP CHICAGO THE HEALTHIEST CITY IN THE WORLD**  
**JOHN DILL ROBERTSON**  
COMMISSIONER OF HEALTH

If getting the flu shot could save even one life, isn't that worth it?

Stop the spread, **get the shot.**

