

# Henryville Hornet Newsletter

April 2019

Tick Borne Diseases  
Prevent Tick Bites  
Tick Smart  
Don't Miss a Thing



## Yikes it's TICK season!!!

Ticks can be infected with bacteria, viruses, or parasites. Some of the most common tick-borne diseases are Lyme disease, Rocky Mountain spotted fever, babesiosis, and southern tick associated rash.

### Say No to Tick Bites

Every spring, summer and fall people are at risk of the tiny bugs. Prevent tick bites:  
Use chemical repellent DEET, spray on clothes, shoes and body.

Wear white or light-colored protective clothing

Tuck pant legs into long socks      Wear a hat      Wear shoes

Avoid tick infested areas      Walk in middle of trails, away from tall grass and bushes



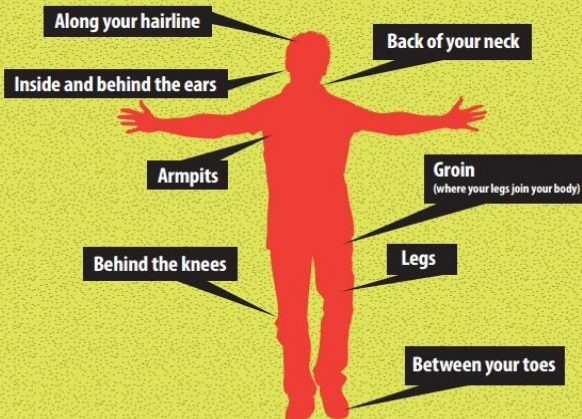
# Be Tick Smart

Protect \* Check \* Remove \* Watch

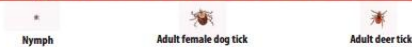
## Is there a tick on you?

### Do a tick check!

Here's where to look:



Ticks are tiny, so look for new "freckles." These are actual size:



## Don't miss a thing

Always check for ticks after spending time outdoors.

Ticks crawl from the ground up looking for the ideal spot to feed in dark, moist places.

Toss your clothing in a dryer for 10 minutes on high heat

Check under arms, in/around ears, inside belly buttons, back of knees, in hair, between legs/groin areas.

Lymph ticks are the size of a poppy seed, resemble a small freckle.

Shower using products containing tea tree oil, rosemary, or eucalyptus that repels and washes out any ticks from your hair and body that you may have missed.

# ARE THERE TICKS IN YOUR NECK OF THE WOODS?